

# Chaffey Joint Union High School District

211 West Fifth Street, Ontario, CA 91762

(909) 988-8511

Rancho Cucamonga High School 11801 Lark Dr. Rancho Cucamonga, CA 91701 (909)989-1600



Dear Student Athlete and Parent/Guardian:

The interscholastic athletic program offered by the Chaffey Joint Union High School District provides a worthwhile activity in which all high school students have an opportunity to participate. Such participation is, however voluntary and requires parental consent.

## Online Clearance

All signature forms are now online, please read all of the forms and view the videos provided and if necessary print the forms out and keep them for your records. Follow the instruction provided for you to register at [www.athleticclearance.com](http://www.athleticclearance.com). Complete all necessary sections, signatures from both the student athlete and parent or guardian are required. Everything must be completed and you must receive a clearance notice prior to your student trying out for or participating in any sports or extracurricular activity. Once you have completed your online clearance you are still required to turn in a hard copy of your physical and one (1) emergency Card.

[\(Click here for Online Clearance Instruction\)](#)

## Physical

The health history portion should be completed prior to seeing the physician. The evaluation portion must be completed and signed by the physician, with the physician's office stamp at the bottom. The student athlete must pass the evaluation and have full clearance in order to participate in athletics. Pre-participation evaluations are good for one calendar year from the date of the exam.

**Physical must have the following to be accepted:**

**Date of physical/ physician's signature/ Dr.'s office stamp,**

**\*\*\*\*Note: Physicals are only accepted from a MD or DO\*\*\*\***

**Per district policy, physical exams from NP (Nurse practitioner, PA (Physician Assistant) or Chiropractor are NOT ACCEPTABLE**

[\(Click here Physical Form and Emergency Card\)](#)

## Health Insurance

**In order for your student athlete to participate in sports, you must maintain health and injury insurance at all times. The school and school district do not cover expenses resulting from injuries while attending or participating in any school activity.**

The California Education Code requires that every student have at least \$1500 medical/hospital expense insurance in order to participate in interscholastic athletics (Education Code Sections 32220-32224).

Supplementary Insurance is available through Myers-Stevens-Toohey. Go to their website

[www.myers-stevens.com](http://www.myers-stevens.com)

or pick up a form from your athletic training office to sign up.

**WARNING:** Myers-Stevens tackle football insurance does not cover other sports. If your student intends to participate in additional sports and you do not have insurance, Myers-Stevens offers the School Time Accident or Full-Time (24-hour) accident plan.

*Under state law, school districts are required to ensure that all members of the school athletic teams have accidental injury insurance that covers medical and hospital expenses. The insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses (Education Code Section 32221.5). Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling California Healthy Families at 1 800 880-5305.*